



Education and Culture DG

Lifelong Learning Programme



Diakonia Christian Foundation  
the Charity of the Transylvanian Reformed Church

## EUROPEAN WORKSHOP

„Elderly people and natural caregivers: European partnership about guiding and supporting natural caregivers for autonomy and citizenship of elderly people“

From Monday 27nd to 31th May 2013

Sfantu Gheorghe, jud.Covasna

## Press release

Within the Lifelong Learning Programme initiated by the European Union, in the period of 27-31 May 2013 we organized the Grundtvig Workshop for European and local participants entitled: ***Elderly people and natural caregivers: European partnership about guiding and supporting natural caregivers for autonomy and citizenship of elderly people.***

Our aim with this learning cooperation during a week was to let understand how important is to guide and support natural caregivers who assist and care at home their relatives. We intended also to offer possibilities of exchange of this topic among participating European delegates, learners of the workshop. And not lastly, we could show to European participants our local possibilities from Covasna County regarding methods and practices of socializing and motivate elderly, to help them to be active as long as they can.

### Results:

- Participants:
  - Number of participating countries: 5
  - Number of participants:
    - ✓ Learning candidates: 10 European participants - financed by Lifelong Learning Program:
      - From France: 2 participants
      - From Germany: 2 participants
      - From Poland: 3 participants
      - From Sweden: 3 participants
    - ✓ Other participants: 10 participants – financed by their own contribution:
      - From France: 4 participants
      - From Sweden: 3 participants
      - From Romania: 3 participants
- Learning outcomes:

The role of non professional caregiver is very important! Some of us are family member, friend or neighbour of a person who needs help in his daily life.

The workshop



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- ✓ Contributed to the personal development of the participants.
- ✓ Offered new exchanges and motivation to further care giving activities.
- ✓ Helped to learn about the caregivers care in European context.
- ✓ Facilitated network about personal and institutional needs in this specific area.

The program of the week included:

- ✓ Possibility to know about the policy of assistance of caregivers and of the elderly people in Romania and Covasna County
- ✓ Workshops and discussions on aspects regarding ageing, social conditions of elderly and their needs
- ✓ Participation on visits at institutions: Elderly Home Zathureczky Berta from Sf. Gheorghe, Geriatric Center from Lemnia, Hospice Center from Brasov.
- ✓ Participation on visiting home care services and meeting with elderly beneficiaries of home care in rural regions: Villages Reci, Arcus, Valea Crisului, Ghidfalau, Bodoc.
- ✓ Opportunity to meet local caregivers and elderly people who need care.
- ✓ Presentations and exchange discussions on the topic with other service providers for elderly from Covasna County: representatives of Red Cross, Caritas, Malta-Charity, Home for elderly from Haghig, Elderly Club from Ilieni.

- Continuation:

At the end of the 5 days of workshop we searched and pointed out together the learning impacts importance of such European cooperation and exchange and we plan for future continuation by applying for financial support for another Grundtvig workshop for next year.

Mrs. Anna Toth  
Director  
Department of Services for Seniors